



## Elementary / Middle / High School Referral Form

School: \_\_\_\_\_ Date: \_\_\_\_\_

Referred By: \_\_\_\_\_

Student: \_\_\_\_\_ Age: \_\_\_\_\_ Grade \_\_\_\_\_

Parents/Guardians: \_\_\_\_\_

Address: \_\_\_\_\_

Home/Work/Cell Phone #: \_\_\_\_\_

1) Why are you recommending this student for this program? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2) Does this student receive special education services? \_\_\_\_\_  
Has an IEP meeting occurred? Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_

3) Is the district aware of any information regarding this student receiving previous psychiatric care?  
Any hospitalizations? \_\_\_\_\_ If so, when? \_\_\_\_\_

4) Survey completed/signed by \_\_\_\_\_ Schedule provided if applicable \_\_\_\_\_

**\*Please note a referral is *incomplete* if it does not have a signed survey and schedule (if applicable)\***

### Contact Persons:

Taylor Foxhall, LMFT - Director, Care Centers and High School Based Counseling

Alex Walters, LMFT – Director, Middle Schools/Alternative High Schools

For FSA office purposes:

\_\_\_\_ School Based    \_\_\_\_ Agency    \_\_\_\_ Outside Provider    \_\_\_\_ Pausing Referral    \_\_\_\_ Declining

The confidential information on this form is legally provided and is intended only for the use of the individual or entity named above. If the reader of this message is not the intended recipient, you are hereby notified that any dissemination, distribution, or copy of this form is strictly prohibited. If you have received this form in error, please immediately notify sender by telephone and return the original message to the above at the address via the United States Postal Service. Thank You



**Family Service Agency of Burbank**  
*Counseling ~ Educating ~ Preventing ~ Advocating*  
 Since 1953

**To be filled out by the referring party in a position to observe the student**

Minor Client's Name \_\_\_\_\_ Date \_\_\_\_\_  
 Child's Grade \_\_\_\_\_ Child's DOB \_\_\_\_\_ Child's Sex \_\_\_\_\_  
 Completed By \_\_\_\_\_  
 School Attending \_\_\_\_\_

<b>To your knowledge</b> <b>Please rate the degree to which your child has experienced the following concerns in the past 30 days.</b>	N o t A t A l l	O n c e o r T w i c e	S e v e r a l T i m e s	O f t e n	M o s t o f t h e T i m e	A l l o f t h e T i m e
1. He/She has not been attending school or has difficulty getting to class/tardies	0	1	2	3	4	5
2. He/She has difficulty at times being truthful	0	1	2	3	4	5
3. He/She displays of high energy physically	0	1	2	3	4	5
4. He/She has physically harmed himself/herself	0	1	2	3	4	5
5. He/She has expressed thoughts of self-harm	0	1	2	3	4	5
6. He/She has feelings of loneliness and helplessness	0	1	2	3	4	5
7. He/She is isolating himself/herself	0	1	2	3	4	5
8. He/She has expressed of intense fear or anxiety	0	1	2	3	4	5
9. He/She has expressed worry of negative/bad events	0	1	2	3	4	5
10. He/She has seems sad or depressed	0	1	2	3	4	5
11. He/She has difficulty falling asleep, staying asleep, or nightmares	0	1	2	3	4	5
12. He/She has difficulty maintaining healthy eating habits	0	1	2	3	4	5
13. He/She has verbal conflicts with others	0	1	2	3	4	5
14. He/She has physical conflicts with others	0	1	2	3	4	5
15. He/She has difficulty following rules and/or directions	0	1	2	3	4	5
16. He/She has negative impulsive behavior	0	1	2	3	4	5

17. He/She has used illicit substances	0	1	2	3	4	5
18. He/She has been involved with law enforcement	0	1	2	3	4	5
19. He/She has difficulty paying attention	0	1	2	3	4	5
20. Other	0	1	2	3	4	5

Referring Party's Signature:\_\_\_\_\_ Date:\_\_\_\_\_